

Practicing Cultural Humility at Work



EXAMINING OUR BELIEFS, CULTURAL IDENTITIES AND SOCIAL ENVIRONMENT TO BUILD PRODUCTIVE RELATIONSHIPS

Cultural humility calls on individuals to be **flexible** and **humble** enough to let go of the false sense of security that stereotyping brings and to explore the cultural dimensions of the experiences of each person. Humility is needed to check the power imbalances that exist in the dynamics of communication. To build productive relationships, one must explore the values, beliefs, and biases. The purpose of this lesson is for participants to learn how to have a respectful attitude toward individuals of other cultures and to approach learning about other cultures as a lifelong goal and process.

Who should attend this workshop?

- Senior Leaders
- Executives
- DEI Managers
- HR Practitioners

Key Benefits:

Increased cultural awareness, enhanced empathy, improved communication skills, conflict-resolution and inclusion and personal growth.

Learning Design:

Experiential learning, scenario-based learning, and individual and group activities.

