

Goal Setting Strategies for Achieving Results



SET CLEAR OBJECTIVES AND TAKE MEANINGFUL STEPS TOWARDS SUCCESS, ENHANCING YOUR PRODUCTIVITY, and MOTIVATION

Goal Setting is one of the most basic and essential skills someone can develop. What makes a good goal? We touch on goal characteristics, time management, making a to do list, and what to do when setbacks occur. This course will provide the knowledge and skills for your participants to complete more tasks and get things done. We will cover strategies to help your participants overcome procrastination. These skills will translate into increased satisfaction in their professional and personal lives. You will learn the Goal Setting characteristics of successful people and in turn will become happier and more productive individuals.

Who should attend this workshop?

- Individual Contributors
- First-time Managers
- Senior Leaders
- Supervisors
- Team Leads
- Project Managers

Key Benefits:

Accountability, time management, focus, clarity, motivation, and personal growth.

Learning Design:

4-hour training. Includes pre-work, in-class activities, post-work, and a digital workbook.

